



# 2009 Georgia State Gymnastics Clinic / Workshop



- Saturday's workshop will be tailored for coaches and judges and will provide up to 8 clinic CPE'S.
- Hospitality will be provided, including lunch, for all participants.
- All Gymnastics professionals are welcome. Hosted by Ga USAG, Ga AAU and Ga NAWGJ.

**Who?** All Georgia gymnastic coaches and judges  
**When?** Saturday, June 20<sup>th</sup> 2009  
**Where?** Roswell Recreation Center

- What?** Clinics on compulsory and optional coaching and judging will be offered. Tentative schedule:
- 8:00-8:30 Check-in/Registration (coffee and donuts)
  - 8:30-9:30 JO General Update – Marian Dykes
  - 9:45-10:30 Optional Bars – Dan Thaxton / AAU 2-3 Compulsory Floor – Kelly Thompson
  - 10:45-11:45 Levels 7/8 Update – Marian Dykes / Fun Games and Ideas for Team and Classes – Denise Jessen
  - 11:30-12:30 Lunch Provided
  - 12:30-1:30 Level 9/10 Update – Marian Dykes / AAU 4-5 Compulsory Beam – Kim Wood
  - 1:30-2:15 Optional Vault – Dan Thaxton / AAU 4-5 Compulsory Floor – Kelly Thompson
  - 2:30-3:15 High Performance Conditioning – Paul Daniel / Putting Together Smart Optional Floor/Beam Routines – Cathy Campfield
  - 3:30-4:15 – Keys to Optional Tumbling – Dan Thaxton / AAU 2-4 Bars – Ali Williamson
  - 4:30-5:15 AAU Program Update with Denise Jessen, Cindy Furman and Gretchen Connell / 21<sup>st</sup> Century Tips for Running a Profitable Gym – Jon Aardema
  - 5:15-6:00 Coaches/Judges Forum "What are the judges looking for?" Q & A with Marian Dykes, Sharon Doyle, Cynthia Davis, Cathy Campfield and Cindy Beasley

**Questions?** Drew Davis 770-480-0182 (cell)

**Fee?** \$25.00 per coach/judge – Please make checks payable to GA-USAG.  
 \*\*Please register by June 17, 2009\*\*.

Please send your registration form and check made out to GA-USAG to:

Drew Davis – State Clinic  
 Rockdale Gymnastics  
 1774 Old Covington Rd  
 Conyers GA 30013

*2009 Ga State Clinic Registration Form*

*Please return with check made out to Ga-USAG: Drew Davis, 1774 Old Covington Rd, Conyers GA 30013*

Name(s): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Circle: Coach or Judge

Gym: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Best Contact Phone: ( )

Address: \_\_\_\_\_  
 \_\_\_\_\_