

GA-AAU NEWSLETTER



WINTER/SPRING 2009

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CO-CHAIR'S NOTES:

For Clubs hosting Sanctioned Meets your Meet Director is responsible for submitting the complete All Around competition results along with the Sanction fees to the Score/Sanction Agent within 48 hours of the conclusion of your competition.

Score/Sanction Agent – June Seymour

Post to:

June Seymour

279 John Coursey Road

Ellabell, GA 31308-4509

All Around results should be by competitive levels; age divisions may be together but not levels. Out of State competitors should be noted. Sanction fees are \$1.00 per gymnast (\$3.00 for State Meets.) Sanction fees should be made payable by check to GA-AAU.

Conference Call
Jan 6, 2009

Parties dialing in at approximately 10:30 AM: Denise Jessen, Eleanor Joubert, Jim Mousseau, Cindy Furman, Gretchen Connell.

Discussion commenced for the possible merge of the AAU PO 2 and Training Divisions which included the Survey results from the GA Club Community for their current season's PO athlete numbers. Cindy Furman dialed Becky Oppenheimer for her input.

A motion was made to immediately combine the GA-AAU PO 2 and Training Divisions.
Motion; Gretchen
Second; Jim
All parties agreed

Gretchen is to immediately notify the Judges and Club community of this decision and to coordinate with Becky for the necessary alterations to the PO material for publication on the GA-AAU website.

Further discussion regarded the impact of USAG's PO Program on the GA-AAU Program. The conclusion was that more time is needed to gather further information for discussion at a future Board Meeting.

Denise stated that National AAU likes our GA AAU PO 1 Program so much that they are planning to adopt this into their program for next season.

A proposal was made for MD's to provide index cards for Coaches to present to the Chief Judges for when the event rotation order will be altered. Gretchen is to notify the Judges and Clubs of this proposal. No alterations to the event order will be allowed at the State Meets.

Denise mentioned that we need to get underway for our contributions/participation for the Summer State Clinic.

Call concluded at 11:27 AM

Dress Code readdressed:

Dress Code standards will follow USAG guidelines.

From the revised Aug 7, 2008, USAG "What's New for the Women's Jr. Olympic Program in 2008-2009" page 1, 1. PROGRAM UPDATES, A., Rules and Policies Changes, 4. "Coaches attire at State and above competitions. State Committees may also implement at meets below State Championships.

Shoes; closed toe athletic shoes

Pants; Athletic warm-ups or “Docker-style” pants (no jeans)
Shorts; Athletic or tailored shorts that are a reasonable length (example- 7” inseam) No shorts with tears, holes or short-shorts.
Shirts; Collared shirts, business casual shirts, or T-shirts with gym logo. No spaghetti straps, low-cut tops or midriff revealing shirts.
Hats; no hats or visors”

GA-AAU seeks to set this standard for **all** competitions for our professionals.

State Championships:

Level 2/3 State Meet hosted by Spivey’s Gymnastics at Winder Barrow High School, April 17-19, 2009.

The Level 4/5 and All Prep Op’s State Meet Hosted by Cumming Gymsations at Central Forsythe High School, April 24-26, 2009.

Have a Great State Meet!!

Technical:

PO 2 & 3 UB – A Long hang pullover performed from the feet from the low bar to the high as in the GA-AAU L-4 & 5 UB routines is not listed in the USAG JO Code as an “A” element value. (Reference USAG JO Code, pg. 95, element 4.102; "On HB-long hang pullover to front support.") In order for a long hang pullover to receive "A" value credit in a GA-AAU UB PO 2 or 3 routine it must be initiated from the high bar.

If such a skill is performed in an AAU PO UB 2 or 3 routine as a transition element to the high bar it will be evaluated for execution deductions but will not count toward the total of the required 7 elements ("A" or "B" skills for PO 2 or higher value skills for PO 3) for a 10.0 Start Value.

PO 2 & 3 FX Acro series SR’s 1 and 2 – the following example of two acro passes will merit fulfillment of the two Acro series Special Requirements:

Round off (RO), back salto tucked
Round off, back handspring (BHS), back salto tucked

Though the GA-AAU Program material does state "Adding or subtracting a back handspring does NOT make an acro series different" in this instance both acro series will fulfill the requirements because the connection of the back salto tucked out of the RO is a different connection than the back salto tucked out of the BHS.

AAU NATIONALS:

The 2009 AAU Nationals will be held in Savannah at the Savannah Civic Center, June 24-28, hosted by Rockdale Gymnastics.

All participants from our State will compete under the umbrella of “Team Georgia.” For further information regarding “Team Georgia” please visit Denise Jessen, Age Group Nationals Coordinator, at dcjess@bellsouth.net.

Clubs participating in the AAU Nationals should prepare your athletes for the routines posted on the AAU National website at http://www.aausports.org/sprt_Gymnastics.asp?a=sprt_Gymnastics_Rules.htm.

MISCELANEOUS:

Essential Websites;

<http://www.ga-nawgj.org/>

<http://www.gaaau.net/gymnastics%20girls.htm>

<http://www.usa-gymnastics.org/>

<http://www.gausag.org/>

<http://aausports.org/default.asp>

You are encouraged to visit these above websites for current information.

This Newsletter will be posted on the GA-AAU website.

GA-AAU Secretary, Gretchen Connell (salto.one@cox.net)